



The first profile of informal caregivers of older adults made in Puerto Rico was presented by the Pontifical Catholic University of Puerto Rico. The study details the complexity of the needs of this growing group and the urgency of taking action in the face of the gloomy outlook for the next decade, which projects the island as a country of poor old people, without people to care for them.

According to Ángel Muñoz Alicea, coordinator of the School of Caregivers for the Elderly at the Pontifical Catholic University of Puerto Rico (PUCPR), the

study was carried out with a sample of 300 informal caregivers from 45 municipalities who voluntarily participated in an extensive data and information collection process.

A copy of the study is available at the following link:

https://publicaciones.pucpr.edu/version_digital/perfil_cuidador2023/